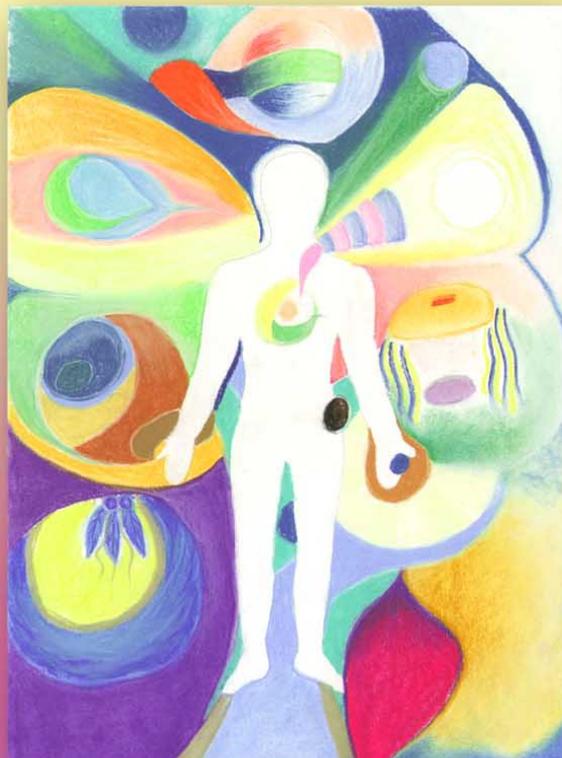


The
Healing
Light Institute
Of
Spirituality

Auras

HLI Colour Chart



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THE SIGNIFICANCE OF COLOUR

How important is colour to you? When you look at a particular colour, does it make you feel anything? Happy? Sad? Thoughtful? Uplifted? Calm? Inspired? Ever thought why? Or perhaps colour means nothing to you apart from being 'nice', and never given a second thought.

People who have a sensitive nature will be more sensitive to colour and how it makes them feel. We've all heard the expressions, 'seeing red', 'feeling blue', green with envy' and 'having a grey day'. There are no coincidences to these sayings, and the significance of colour can be traced back to ancient times. In ancient India and China, the colours of the aura were known to be important. The deities are shown encased in layers of flames or radiance. In Christian times, auras were painted around angels as well as Jesus and the Apostles. It is thought that the stained glass windows in churches were put there so that when light passed through them, the colours would fall on the congregation to create a harmonic atmosphere.

Between then and now there have been a number of people who have researched colour and its importance, and in the present day it is accepted by scientists as having a place in our emotional well-being and healing.

To understand how you can help yourself be more aware of colour, you can look at the clothes you wear and the colours of your house and ask yourself why you chose them. If you look at sky blue, does it make you feel calm and relaxed? If you look at yellow, does it lift your mood? If you see red does it make you feel on edge or does it give you strength? Depending on our sensitivity and where we are in our lives, colours can alter our mood.

Within the aura, colours have specific meanings but can be quite complex depending on the intensity and which colours permeate each other and where they are around the body. The colours will be more intense around the head and shoulders as this is where the emotional and mental elements can be seen, as well as your guide. These colours can be used to help aid understanding in what is happening in your life which can then give you direction to help relieve inner turmoil or unhappiness.

Around the body, if there is pain or sickness, this will be seen in a muddy colour of some kind which will protrude outwards from the body. This will indicate either physical pain or emotional trauma attached to that area.

How we view colour, and colour within the aura is dependent on an individual's character, growth and perception, and is also dictated by the background of that person. Someone may see yellow as sunshine, whereas another will have an aversion to it and not know why. It is all dependent on that particular individual and how they see life and themselves.

THE AURA

When people talk about the aura, do they really know what it means? There are numerous books on the market with extremely long-winded explanations for the colours, some of which are right, and some of which are only half-right, but all miss out one important ingredient, the soul essences. The aura is a combination of soul essences and individual character essences, consisting of physical and emotional problems combined. The soul essences are combined of love, sensitivity, compassion and understanding, and together with whatever is going on in your life, they all make up the varying degrees of colours that make up your aura.

The bulk of the aura surrounds the head and shoulders, extending outwards normally 12 to 14 inches. The rest of the body has around 6 inches of aura protruding out from it. It is not static however, but permeates in and out, waxing and waning depending on how you are feeling on any given day. Also, the aura never stays the same throughout life, because as we grow and mature in character, so the aura changes to reflect this. The more we solve our problems and become happier within ourselves, so the colours will become lighter and more spiritual.

It is not only possible to see the aura, but to feel it as well. We all do this without even realising it. How often has a person walked into a room and you have felt uncomfortable? You don't know why, you just do. This person will more than likely have a negative outlook on life and you sense that through their aura. Your 'living space' is approximately 3 ft in width surrounding your body, but you can pick up the 'vibes' from another person if you are sensitive enough. If someone gets too close physically, there is a natural reaction to step back, to get a more comfortable distance between you, unless you are comfortable with that person of course!

Emotions can have a tremendous effect on the aura as can physical ailments. It is possible to see in someone where there is pain. There will be a protrusion in one or more areas which indicates there is a problem, or there has been in the past and a residue of it is left. The colour(s) attached to the protrusion can also help to understand the problem.

Stress is a big factor in all our lives, especially in the cities. Here, our 'living space' is being continually invaded. We travel on buses and trains, work in small offices, walk down crowded streets every day, and although we get used to it, deep within us stress slowly builds. Through a period of time, this stress can cause further emotional and physical problems for us. In the countryside where space is abundant, pollution and noise are less so there is less stress. There is more positive energy in the countryside and the pace of life tends to be slower, therefore people tend to be healthier and happier.

So what do you do if you have no choice but to live in a city? If you have a garden, then this can be a great substitute for the countryside. Plants have an aura too and give off positive energy which can help with stress and any form of communing with nature is a stress-reliever. Animals also have an aura and having a pet can be calming, but our society today never seems to have enough time for calming the mind and soul. This is all reflected in the state of our health and can be seen in the aura.

So being able to sense or see the aura can be a useful tool in our lives, as well as opening our mind to help us become more aware of ourselves and our surroundings, thus helping us become happier within ourselves.

HOW TO SEE THE AURA

How Do We See The Aura Colours?

In each eye there are 137 million receptors. These are divided up into 7 million cones, and 130 million rods. The cones are for focused day vision and is the origin of seeing colour. Rods are used to help us see in the dark and are the receptors of our peripheral vision. In low light conditions the rods are coated with a substance called rhodopsin which is extremely light sensitive. It bleaches out quickly as light hits the receptor. As the eye adjusts to the low light, the rhodopsin resynthesize itself, enabling us to see "in the dark". It is by using the peripheral vision in low light conditions that we are able to see the aura.

How To See The Aura

Not everyone is able to see the aura, but everyone can teach themselves to feel or sense the colours of the aura and where they are placed. Not everyone will draw in the same way either, as this is dependent on how you see or feel the aura. Examples of differing styles of aura drawing are set out below. There are various ways to learn to see or feel the aura:

Method 1: After a short meditation, half-close your eyes in a dimmed room and allow your mind to un-focus itself so you are in an "in-between" state. Like in a daydream almost. Shapes and/or colours will start to appear. These may be limited at first, and only seen as a grey/blue mist close to the body. With practice, you will soon see more colours and eventually feel substance to them.

Method 2: Again after becoming relaxed, concentrate on the picture or person that you are trying to "see", then close your eyes and allow the colours to come into your mind's eye. You may actually see the aura in your mind, or you may have a sense of what and where the colours are. It is important to have your mind and body relaxed.

Method 3: This is a much more "hands on" method of reading the aura and requires that the person is actually there in person to work properly. Again after calming the mind and body, or meditating, you should have the person sit in a chair or standing in front of you. You then concentrate on one colour at a time and place your hands about 3 or 4 inches from the body. As you slowly run your hands over the head and down to the shoulders, you will either sense a strong pull, or your hands or third eye will tingle or become hot or cold. This is your sign that you have found that particular colour in that area of the person's aura. You need to do this for each colour until you have a complete aura drawing.

What Next?

The next step is to interpret the colours that have been drawn. This is done by looking at each individual colour and attaching a meaning to it. A good start is to look at each colour and see what you feel about it. Imagine yourself wrapped in a blanket of that one colour. How do you feel? Write it down so you can add to it as you progress.

What The Colours Mean

Each person looks at colour differently, and our perception is based on our experiences. Therefore, two people can look at the same colour and feel differently about it. However, there are basic interpretations of colours that people tend to agree on. These are listed in the colour chart.

Connecting the Aura Drawing to the Colour Meanings

After the drawing has been done and the meanings of the colours decided upon, the next step is to marry the two. This can take a lot of practice, and the more sensitive and open you are, the easier it will be. For example, if red is next to black, or has some black in it, then the red has more of the negative aspects than the positive. Similarly, if red is next to white, then it most definitely positive and can be helpful to move that person forward in their life.

Emotions and the Aura

The colours of your aura change depending on your state of mind and how you are feeling. Also, the aura changes as you grow from being a child into an adolescent and finally into an adult state. Even then, the more we grow, learn and understand, so our aura changes to reflect that growth, or lack of.

It is important to bear in mind the emotional aspects of the person you are reading for, as this is the area to look at regarding how their life is at that moment. It is through looking closely on the emotional level that you can help the person understand why things are going wrong. Our emotions can be a very powerful driving force in our lives and can be helpful or destructive to us. By looking at the colours in our aura, we can pinpoint areas that need to be worked on, or can reassure us that we are on the correct path in life.

Examples of Aura Drawings



HOW TO USE THE COLOUR CHART

Once you have sketched your aura, take a moment to see if you can 'feel' the colours. You may get impressions of words or feelings for that particular person. Just let it flow.

Even the most experienced psychic artist requires clarification at times, and this is where the pendulum comes in, in conjunction with the colour chart. Use the pendulum to clarify any thoughts you are unsure of and use the pendulum to always check that you have the correct information.

As you will see, the colours are broken down into three sections, each section having a fair amount of information within it. When a colour is seen within the aura, it does not necessarily have all the attributes which are written down in this booklet. Again, the use of the pendulum is vital in determining if the colour you see is either Emotional, Physical or Spiritual, or a combination of them.

Emotional

If the colour is determined to be emotional, you then have to ascertain which emotional aspect is related to that particular person. Again, by the use of the pendulum.

Physical

If the colour is a physical one, then this has to be broken down further. First, you need to find out which physical symptom(s) relates to that particular person. Then, it has to be decided whether the physical symptom is a residue of a past illness, or an illness they are suffering with in the present. Or, if this illness is a possibility for their future and it is something they need to be aware of, or if it is something they are genetically pre-disposed to and again, need to be aware of. Discretion in all things is essential when dealing with illness and people's feelings, so it is vital that when reading the aura that you have a sense of the character of the person so you know what they can and cannot accept in terms of information. If in doubt, check with your guide.

Spiritual

If the colour is a spiritual one, again, it need not mean that everything written about that colour relates to that person. Using the pendulum and asking your guide will determine where this person is on their path.

There are of course many different shades of the colours than is shown here, but since it can take years of discipline to see or feel the various subtlety of colours, they have been taken and combined into 3/4 shades of the same colour. It is up to you to determine, either by the pendulum or by listening to your guide, as to which colours relate to the person you are reading for.

Spiritual Connection

As with other tools in spirituality, such as the pendulum, tarot cards, meditation, and crystals, learning to read the aura is just another way of opening up to the realms of spirit and connecting to our guide, and ultimately the universal intelligent loving energy which we call God. Once we make that connection, love becomes a predominant force in our lives and using the tools becomes second nature. We begin to see the bigger picture and how everything and everyone is connected to each other. Helping others through love then becomes our focus, and what we give out, we ultimately receive.

COLOUR INTERPRETATIONS

Dark Red



- Emotional** Materialistic, forceful nature, aggressive, controlling, domineering, judgemental, anger either apparent or hidden. Resentment, jealousy and has a negative sense of achievement. Afraid of failure, these people tend to find excuses for not being responsible for their own lives, passing the blame onto others or circumstances. Afraid of facing up to their weaknesses and shortcomings.
- Physical** Cystic fibrosis, psoriasis, anemias, stunted growth, fluid retention. Damaged membranes in knees, ankles and joints.
- Spiritual** Materialistic attitudes block spiritual growth. Can have tunnel vision which inhibits energy flow. Attitudes block understanding. Blames others for their lack of growth. Tend to chain themselves to the past, with the chains being their own making.

Red



- Emotional** Inner strength which can be tapped into. Love of life, full of vitality, determination, motivation. Self-assured sometimes to the extreme. Fun-loving and assertive. Abundance of loving, racy emotions.
- Physical** High sexual energy. Pulsating heartbeat. Heartburn. Acid reflex. High blood pressure. Strengthened organs.
- Spiritual** Organised spiritually, yet in an incoherent fashion. Stubbornness in the extreme. Stuck on the fundamental level. Passion for spiritual knowledge, but only for what suits their needs. Not being open to the true spiritual agenda for what is needed for their soul's growth.

Scarlet



- Emotional** Passion, voyeurism, amorous. Sexual fulfilment. This person concentrates more on the sexual side of life rather than the spiritual.
- Physical** High blood pressure. Rashes. Damaged vertebrae but more intense than the previous colour. Eroding joints. Parkinson's Disease. Pulsating heartbeat. Endocrine system – cancer cells spreading infectious. Blackened arteries. Blackened colon. Organs throughout the body shutting down.

Spiritual Tenacious. Clairaudient but not in a spiritual sense as the chameleon is playing the tune. He is using the soul as a fiddle and playing into it and antagonising as he is the master of puppets and is in control of this person's development. This person must look within to find their true self to grow so the chameleon can no longer regain a foothold in his mind with his negative, mental attitudes of fulfilment and greed.

Pink



Emotional Balanced energy, universal love, artistic temperament, sporadic at doing things, scatty brained, flourishing spiritually. Loving, compassionate, caring and sensitive. Can denote a need for love, especially when not received as a child. Feeling vulnerable and weak, sometimes confused and a need to be dependent. Naïve.

Physical Coronary colitis, neck and back pains, energised, uplifted, virility, flowing energy, abundance of loving feelings.

Spiritual spiritual awareness, healing heart, huge capacity for love in the divine; flowing healing rays coming through from the cosmic; energizing; relocating blocks of trapped energy so it flows freely and calmly so that person can be at one.

Dark Blue



Emotional Dark, depressive, dank, deeply traumatised. Lack of self-worth. Undermined character. Doom and gloom-mungerer. Always looking at the negative in emotional needs. Lack of self-assurance of one's abilities. Aloof, melancholy.

Physical Cold, frigid, aching limbs. Arthritic problems, back pain, chest pain, heart attacks. Prone to sexual malfunction in the physical form. Severed nerve endings. Depressive, psychosomatic personality disorder. Blocked corpuscles. Wrong flowing energies around the body. Dysfunctional deep-rooted coronary problems.

Spiritual Deep, dark, depressive. A fear of changing for the better. Self-inflicted poverty of the soul. Close-minded, dogmatic in one's beliefs.

Blue



- Emotional** Clarity of thought in one's emotions. Calm and a good ability to concentrate. Quietly confident. Emotionally secure in what one needs for one's own happiness. Strong, fearless. Fool-hearty in the extreme. Depth of thought; thoughtfulness. A lot of compassion for others. Emotionally strong and secure; a very loving and nurturing personality. Foresight into an individual's needs and feelings. Thoughtful, decisive. In sync with the needs of others on an emotional level. Compassionate and understanding about growth of character of a person's emotional growth in society. Headstrong yet in control of things. Self-centred on occasions yet inspiring others to succeed into being balanced individuals
- Physical** Eye problems, emphysema, fevers, cold sores, constipation, breathing difficulties. Blocked energy, thyroid problems, para-thyroid problems, glandular fever, hysterectomy, severed limbs and arteries. Fractures and tears in the bones. Bruising that is healing over. Varicose veins, blackheads, spots, rashes. Stunted growth starting to rebalance. Lack of healthy eating habits. Diabetes that is controlled. Fatty tissues.
- Spiritual** Inquisitive about the unknown. Compassionate ideals. High morals about spiritual growth. Decisive and thoughtful yet sometimes unhinged. This causes them to make the wrong choices in spiritual growth. Fortitude of spiritual fulfilment. Linking with the divine.
- Attuned to one's inner self. A deep connection with the soul's healing energy coming in to bring balance to oneself on all levels. The spiritual door of opportunity is opening to a new found awareness of one's purpose. One's spiritual goals are strengthening the aura and growing and developing the four essences of love, sensitivity, compassion and understanding.

Light Blue



Emotional Tepid, emotionally insecure, un-steadfastness. Lack of growth, lack of spirit, lack of character. Placid, yet very weak natured. Cold, lack of love for oneself and others. Emotionally isolated. Crying out for help but blind to the true emotions of love and emotional necessities. Too trusting in others. Too dependent on making a partner happy rather than oneself. Self-justification of what it is to love someone. Wrongly justifying themselves as worthy of true love from another. Cries a lot about superficial problems which looked at from an outsiders point of view, don't seem to be justified. Light-hearted, flighty and foolish. Chasing shadows of an illusion. Not listening to the logic of a situation.

Physical Stiff joints, blocked pores, kidney complaints, liver disease, lacklustre, prone to a lot of colds, weakened immune system. Clogged arteries, hypothermia. Cold sores, bumps, bruises, cancerous lumps, prostrate. Headaches, neck aches, sinus problems, multiple urinary infections Gum problems, tooth decay, laryngitis, flu symptoms, mumps, measles, typhoid, malaria, yellow fever, depending on circumstances. Obesity, chronic heart and lung problems. Hyperventilating, asthmatic. Emphysema.

Spiritual Indecisive, cowardice, frightened of the unknown. Spiritual insight, but sadly coinciding with a discoloured perspective of spirituality. Lack of trust in God the creative. Fear of the negative side of spirit (their perception). Lack of trust, faith in others. Insecurity, the door to spiritual awareness is opening, but fear of going through, fear of an unknown entity - little do they realise this is their chameleon self. Fear of seeking the truth, wisdom and knowledge of God's love., and of their own selves and what is needed for their spiritual growth

Turquoise



Emotional Obtuse, flighty, flirty, ostentatious. They don't know whether their emotions are up or down. Very often an unbalanced and highly emotional character. This person should look at the situation from an outsider's objective point of view, rather than being tied up in emotional knots.

Physical Cancerous growths in a declining state, heartburn, chest complaints, emphysema, inflammatory disease, urethra tract blockage, urine infection, spinal disfiguration.

Spiritual Flowery readings, giving spiritual input or advice when there is none there. Someone who is spiritually aware yet has become close minded and has become egotistical and egocentric.

Dark Green

- Emotional** Repressed yet organised. Stable, dependable, intuitive. Deceitful, secretive, jealous, greedy and easily tempted.
- Physical** Aching limbs, fled tissue, constipation, stigmata, osteoporosis, clogged arteries, digestive problems
- Spiritual** Artistic, deep mind set, troublesome, quarrelsome, flowing energy that is starting to block because of your attitude. Stuck in a single deep-rooted way. Obstinate; cunning in the extreme.

Green

- Emotional** Calming, reassuring, flighty, fragile yet strong within. Calm, centred, harmony, strength, wisdom, supportive, sharing, caring.
- Physical** Heals fractures, helps cataracts. Sinus problems regressed. Balance of energies. Energised, physically fit, agile, endurance.
- Spiritual** Finely balanced, finely tuned, lack of composure yet endurance to things around. Focused on the connection to the soul. Spiritually opulent. Openness to knowledge, enquiring mind. Awareness. Capacity to absorb a lot of knowledge. Deeply compassionate. Strength of character, determination to seek the truth . A healing colour, striving to understand.

Light Green



Emotional Very weepy, very sorrowful, hanging on to past hurts, holding on to past emotions. Heartache and loneliness. Emotional fatigue. Weak, looking too much through rose-tinted spectacles. Narrow-minded, narrow vision. Repressed character, dogs body, dogmatic. Indecisive, naïve. Unobtrusive to their own needs. Tepid, despondent, lethargic, hopelessness, turmoil, turbulence (emotional), ineptitude.

Physical Heart problems, blocked circulation, piles, foot odour, dizziness, lack of strength, sapped energy. Lethargic, weak immune system, lack of physical strength, tired, drowsy. If left unchecked/undetected could develop into ME. Drained, poor circulation, stiff joints, blocked arteries, blackened arteries, primal tumours destroying red blood cells and white corpuscles at a high rate, slowing down the metabolic state. Migraines, headaches, diarrhoea, constipation, lack of virility. Varicose veins.

Spiritual Lacking foresight at good opportunities. Tunnel vision, single-mindedness, stubbornness. Stuck in old ways. Repressed character. Feeling humble but when it is unjust. Disheartened, fear, indecisive. Lack of love for oneself. Spiritually alone, stubbornness, won't take good advice. Weak character, lack of strength, cowardice, frightened of the future, fearful of change.

Dull Yellow



Emotional Struggling with emotional anguish deep within, sorrowful and pitiful, held back by guilt and sin. Blind to the true emotions of the spiritual sphere. Follow the truth, and then become freer. Stuck in old negative ways of thinking. Obsessing about what love should really be and when in truth it is an illusion of obscurity. Obtusity at its best. Disconnected emotions that put you to the test. Flighty and flirty. Your emotions are on your sleeve. Opulent, disloyal to those who are close to you. You talk the talk, but don't walk the walk. The person with this colour in abundance, is flirtatious in the extreme. They can say how committed and loved they are to a particular person, then show the same emotions to another at the same time. They can play off both in a negative chameleon like sense to give themselves an emotional high. They love people to chase them to be amorous and affectionate, but deep down because they are hurting inside, they hurt others, sometimes not realising it. A lot of the time they are aware of their manipulating tactics to getting people to adhere to their emotional demands. They are drawn to people who are negative and feel unloved and they abuse their emotional power and manipulative intellect to get what they need.

Physical Nose bleeds. Chronic diarrhoea. Malnutrition, chronic arteries, problematic behaviour in the way that the right and left hemispheres work. Communication breakdown between the brain cells and other organs of the body. Could lead to problematic ways of behaviour, deficiencies in which the blood cells of the body grow and flourish,

giving malnutrition to the organs causing celiac disease, thyroid problems, glandular fever, chronic heart disease, liver complaints, piarius, symptomatic negativity disorder symptom. Pylori, a genetic bacteria which can be passed down through the ages. Chronic diarrhea, diabetes, Germanic dysphixia (?)/ dysphoria (?) Urinary tract, urinary infection. Defective member. Bulimia, osteoporosis, arthritic conditions, chronic artery disease. Liver dysfunction, malnutrition. Celiac disease, thyroid dysfunction.

Spiritual Spiritual fatigue. Working on a spiritual level in a negative sense. Not getting the real reasons and truth about what spiritual growth must be. Positive attitudes change to negativity. Obsolete delusional ideas. Open your mind to the spiritual seers translations. The guide has been knocking at your door forcefully trying to help you.

Stop being ignorant, arrogant, close-minded and open up, otherwise you will shut down and it will take you a good while to gain a spiritual balance. Disclosure of home truths. Ignorant to their spiritual needs. Trapped in the illusion of emotional and materialistic greed. Lack of self worth. Narrow minded. Not using the visionary skills that they have been given. Spiritual knowledge that is hidden.

Yellow



Emotional Confidence. Authoritatively speaking person. Someone who can hold their own with dignitaries etc. Fulfilment. Attained goals on an emotional level. Joyful windswept emotions. Exuberance, tenacity, strength of spirit.

Physical Restructuring of the body's molecules. Strength in limbs, strength in cardiovascular system. Virility. Full balance of the body's metabolic rate.

Spiritual Evolved, knowing what's needed for soul's growth. Person with this colour in prominence has gone beyond the negative states of fear., stubbornness, loneliness, anguish. They are full of self-confidence but not of the egotistical kind. They are caring and compassionate of others and have a strength of spirit, and deal with whatever comes their way.

Pale Yellow



Emotional Emotionally connected. Fast-flowing, energised. Lover of all things, master of none guiding through the spiritual sun. Pandering to your significant other to you can gain their love, but they only quash your emotions as you are a weak minded individual who is inconsequential; sobriety of love.

Physical High intellectual brain capacity. Professors, teachers, scientists. Athletic endeavors. Energetic, vibrant personality. Sometimes personality disorder. Psychosomatic. Lack of common sense as regards practical issues, but highly intellectual as regards to scientific mathematical problems. Ties in with psychosomatic. Restructuring on the bone structure – limbs, joints. Dislocations, chronic diarrhea, syphilis, malnutrition, seizures (minor in comparison to the previous one), clotted arteries, phallus tissue, red corpuscles diminishing into white, embryonic vessels flowing sporadically into the fallopian tube, flatulence.

Spiritual Spiritually aware. Spiritual abundance. The sixth sense is becoming open and ready for spiritual verse from the higher self and beyond. Lethargic attitude to spiritual knowledge, blindly delusional to what's before them, placid who are they amongst those in the sky, their pious attitude will never flow high. Stubbornness and greed will never place spiritual growth. Those whom have this colour in large amounts are diminishing their soul's growth, yet they think otherwise.

Dark Orange



Emotional Social misfit as this person refuses to conform to society's rules. Shuns responsibility for personal freedom. Can be unreliable and unpredictable. Has issues with commitment for fear of losing their freedom. Loves to travel, often taking off spontaneously. Embellishes stories, especially their own. Insensitive to the feelings of others.

Physical Cyrosis of the liver, scarred tissue around the heart and lungs, epilepsy in the extreme. Chronic arthritis.

Spiritual This person longs for freedom, but has difficulty committing to the discipline needed to learn and grow properly. Sporadic enthusiasm for the spiritual life, especially if it interferes with other plans. Has the ability to see the bigger picture.

Orange



Emotional Emotional confidence, yet arrogant. Strives to achieve emotional balance. Whatever comes their way to block their path, they brush it aside. Emotional fulfilment is what one with achieve with an abundance of this colour, but lo and behold whoever gets in your path as they will be brushed aside with wrath, anger and greed for this person wants to emotionally succeed but they must learn to help others instead of squashing their growth. Career orientated with lots of drive and ambition. Individualistic.

Physical Re-fractured limbs. Stigmata, osteoporosis. Disease of the colon. Fallopian tubes, damaged tissue within them. Also damaged membranes. Gastric flu. Glucoxinitus (?). Simmeons's disease. Gout. Heart by-pass. Damaged vertebrae. Psychosomatic illness is prominent in this individual if this colour is predominant. Pulmonary arteries stopped in mid-flow. Pumps not working to flow the blood around the heart.

Spiritual Fulfilment, over-confidence, joyous, goals achieved but do not rest on your laurels, for it is a long way to crash and fall. Restless and unfocused, it is easy to be superficial and turn from the spiritual side of life. Sometimes has unrealistic goals.

Pale Orange

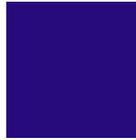


Emotional Self love, self-worth. Emotional and spiritual rebirth. Adversity against all those in need of social economic and political greed. Dysfunctional love, regenerated and anew. Compatibility with a heart and soul connection. Plentiful of love that renewed. Heartache, pain, suffering, emotional stress, regressed love, diminished soul growth, obscure love in a warped twisted sense.

Physical Dysfunctional membranes. Chronins disease. Colitis, Dysconfabula (phonetic spelling), problematic brain disorder, glandular fever, headaches, migraines. Psycho-clasmic flow. Goron's disease (phonetic again). Aching limbs, bone marrow deficiency, seizures, epileptic fits, sciatica, internal bruising, cancerous cells.

Spiritual Disharmonised. Apathy to the spiritual realms. Non-judgemental in the extreme. Rose tinted spectacles, delusions of grandeur, obscurity of spiritual wealth, the spiritual knowledge is in abundance if only they would open their eyes and see, they are too distracted by materialism and all its negative traits.

Dark Purple



- Emotional** Togetherness, balance, in harmony, perfect flowing emotions, emotionally stable; strength and resolve. Perceptive, intuitive.
- Physical** No physical problems
- Spiritual** Attuned to the spiritual energy flow, clairvoyant, clairsentient and clairaudient. Finely attuned spiritually and spiritually at one with God. Intuitive, has faith and is open to change.

Purple



- Emotional** Fairly well balanced and continually growing towards balance. Age and knowledge is the key to this person. Advancing age brings emotional sensitivity and compassion which marries well with a growing understanding. Early years tend to create negativity in growth but this is usually overcome and the person becomes positive with a highly developed understanding.
- Physical** A range of minor ailments are commonplace. None are serious or long-term. Tendency to develop chronic indigestion problems when younger but with advancing maturity it usually clears itself.
- Spiritually** Spiritually sensitive and growing towards understanding. Equally, spiritually inquisitive. Knowledge of light is important. A spiritually healing colour shows this person has abilities.

Light Purple

- Emotional** Artistic integrity. A great love for others. Always looking for the positive things, emotions within people. Intricate in dialoguing ones emotions. Understanding of how they and others tick on an emotional level. Deeply obtuse in the extreme but highly affectionate on all levels.
- Physical** Vitality, strength, virility, composure, good posture, strength and bones. Glowing, full of life, energy, Zest of all that is good. Healthy organs. Active brain. Dynamic, athletic. This person's body functions well on very little sleep.
- Spiritual** Spiritually attuned with oneself, the higher self. A great spiritual communicator. Clairvoyant, clairaudient, clairsentient. A powerful channel for healing and other spiritual abilities. In fine balance with God's healing energies. A soul that is finely attuned with God and why the soul needs to grow its four essences of love, sensitivity, compassion and understanding.

Brown

- Emotional** Grounded individual, secure yet delusional. Salt of the earth, stuck in their ways and happy with it (or at least they have deluded themselves into believing so). Obsolete and obscure emotions. Shut off to the reality of emotional balance. Stubborn, earthly, stuck in the past.
- Physical** Cystic fibrosis, clogged arteries, varicose veins, pulmonary anemia, disfigured limbs and Chrones's disease.
- Spiritual** Lacklustre, blocked energy flow, frigid outlook on spiritual matters. Obtuse to one's true destiny. Lacking in ambition therefore no real enthusiasm for spiritual matters. Fear of change holds them back.

Grey

- Emotional** Emotionally unattached to others, or so it seems. Wants emotional fulfilment and affection but cannot find a way to connect with it. Seems very unfeeling and uncaring for others when in truth, they have little or no care for themselves. They feel tired of life, repressed, uninspired, non-committal. Lacking in any great feeling. Devoid of emotion.

- Physical** Warts, boils, skin problems, lack of energy, lethargic, unfit, oily skin, blocked and clogged arteries. Pale, sickly and always in some sort of physical pain and discomfort. Psychosomatic illness.
- Spiritual** No understanding. Sometimes lack of understanding for the spiritual realms of the universe and spiritual matters. Lack of trust and knowledge. Rigid way of thinking.

Silver



- Emotional** Emotionally high, emotionally balanced and strong. Purity of thought. Someone who helps individuals because of their strong emotional strength of will for guiding mankind on its path of enlightenment. Striving to learn. Has the commitment to follow through with things.
- Physical** Strong, virile, athletic, full of energy, physically fit and mentally balanced.
- Spiritual** Knows what they need to develop in their character for spiritual growth and development. In search of the truth on their own, determined to find out why they are here. Pre-destined path, this person is attuned to follow. Totally focused on spiritual growth if this colour is predominant. Strength of character to persist with their spiritual growth. Quick to learn and understand and has a questioning mind.

Gold



- Emotional** Tenacity, objectives achieved. Linking totally with the creator. Determination to succeed at all costs, but not in a negative way for the helping of the emotions of mankind in these troubled times on earth.
- Wisdom, knowledge, fulfilment, growth, energised emotional balance. Strength of character. Total positive attitude. Flighty but not in the wishy-washy sense but in the way you fulfilled what you needed to do for your soul's growth on this planet if you have this colour in abundance. This in turn will help you to guide many other in their sorrowful, pitiful state into the exuberance and guidance of God's universal love.
- Physical** Energies flowing. God's golden light is flowing. Physical pain is no more, the golden light let's your heart soar. Positive frame of mind indeed, leads to physical balance, you will succeed. Highly sensitive in the androgynous zones.
- Spiritual** Exuberance, flirtation but not in a negative sense. Flirtation with the angels, dancing with the angels, one has achieved so much in this life. The gold is shining from within, there is no more negativity or sin. Strength of character, strength of creed, this soul on earth will succeed. Understanding of spiritual truths. IAm following their destiny, open to God's energy, helping others along the way. Healing abilities are present.

Black

- Emotional** Dark, depressive, gloomy, lost lack of vision, emotionally weak. Self-injurious behaviour, manic-depressive, suicidal ideation's. Paedophiles have this colour predominant in their aura. Emotionally desolate, frozen, inept and very negative. Resentful, fearful, unmoving, intolerant, delusional, extremist.
- Physical** Tumours in the latter stages of growth. Long term diseases illness. Malaria, TB, yellow fever, HIV and Aids, motor neuron disease, Parkinson's disease, sickly, pale, fatigued individual who is a hypochondriac. Syphilis, parathyroid gland, seizures (of varying degrees), general dysfunctional organs, heart attacks. Cancer, liver and lung disease. Fallopian tubes are severed (perforated membrane).
- Spiritual** Dark and evil, no spiritual light flows. Frozen, blocked, empty of love, sensitivity, compassion and understanding, spiritually lost.

White

- Emotional** Unobtrusive, patient, honest and true. This person seeks truth. They have a good measure of self-worth and quiet confidence within themselves. They have faith, integrity, and look for the good in people.
- Physical** No physical illness.
- Spiritual** Seeking truth and aiming for the highest goals spiritually. Has faith and hope and has clear understanding and clarity of thought. Seeks to understand and to achieve their spiritual destiny. With gold, they have spiritual teaching abilities as well as healing on a higher level.

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